



## Finasteride (Propecia), Dutasteride(Avodart) Consent Form

Propecia is the brand name of the drug Finasteride which has been used for five years in the USA for the treatment of male pattern hair loss and is available in the UK as a licensed prescription only medicine from registered doctors.

It has convincingly been shown to stabilise hair loss in most men (83%) and even regrow hair in 37% men. It is most effective in younger men (18 – 45) who are still thinning rather than bald. It can be used with minoxidil or alone as well as being an important adjunct to hair restoration surgery.

It has few side effects or interactions with other drugs and has also been used safely for fifteen years at higher doses for prostate disease. Side effects in 1% of men include change in libido, acne or breast tenderness but are generally reversible, even if Propecia is continued. Allergic reactions are rare.

Dutasteride is a new drug (brand name Avodart), similar to Finasteride, licensed for prostate disease which some people are now starting to use for hair loss. Because it is new, there is less information available but it appears to be 10% more effective but with side effects similar to Finasteride in 3-4% of patients.

**Women should not take Propecia or Avodart or handle the tablets, especially if pregnant.** There is no need for men to stop Propecia if their partner is, or wishes to become, pregnant and neither is there a need to use barrier contraceptives except as a contraceptive. You cannot donate blood however whilst taking Propecia in case it was transfused to a pregnant woman.

Although these are very safe drugs, there is no data on very long term use. They are used in the treatment of prostate disease and can affect blood tests for that. It is therefore important to inform your GP that you are taking medication, particularly if you are an older gentleman (55 years +) or with prostatic symptoms (difficulty passing urine etc) or have a family history of prostatic disease.

If you wish us to do so, we will inform your GP that we have prescribed Propecia for you. Please fill in the appropriate form overleaf. However, we always respect your confidentiality and if you leave the form blank, we will assume that you have taken on that responsibility yourself.

You can renew your prescription over the phone, but as our policy, we will always ask you if you have any concerns or side effects.

Before we can prescribe Propecia or Avodart, you must complete the form overleaf and return it to us at:

Rogers Medical Supplies Ltd  
Stratford Healthcare Centre  
Arden Street  
Stratford on Avon  
CV37 6HJ

Tel: 01789 414203



# ROGERS MEDICAL SUPPLIES LTD



Name \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Address

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Telephone/mobile \_\_\_\_\_ Postcode \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

If you would like us to inform your GP by letter that you have been prescribed Propecia, please fill in below.

GP \_\_\_\_\_

Surgery Address

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Post code \_\_\_\_\_ Tel: \_\_\_\_\_

### Office use only

Dr's Consult	
Date	
Issue	Q
Issue	Q
Issue	Q
Issue	Q

Please note – to comply with drug regulations, we are unable to accept or refund unwanted medication, even if unused.

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Stratford on Avon  
CV37 6HJ

**Tel: 01789 414203**

Company No. 4232755

Fax: 01789 204252

[www.rogersclinic.co.uk](http://www.rogersclinic.co.uk)